

HEALTHY FUDGESICLE



THE PERFECT DAIRY-FREE, VEGAN, GLUTEN-FREE SUMMER SNACK

These easy-to-make vegan, dairy-free, gluten-free no refined sugar Fudgesicles are a delight for both kids and adults alike. Great to enjoy for every member of the family on this hot long holiday weekend.

INGREDIENTS

- 1 can Cha's Organic Coconut Milk (400ml)
- 1/3 cup Navitas Organics Cacao Powder
- 1/4 cup Wood Fired Maple Syrup
- 1 tsp Simple Organic Madagascar Vanilla Extract

DIRECTIONS

1. Add all ingredients into the blender and blend until smooth.
2. Pour mixture into popsicle mould.
3. Let sit for a few hours until frozen.
4. Pop-out of the mould, grab a lawn chair and enjoy in full sunshine.

*IT IS HIGHLY RECOMMENDED TO HAVE A CLEAN CLOTH ON HAND FOR ANYONE UNDER THE AGE OF 7 WHILE CONSUMING DELICIOUS FUDGESICLES.



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